



## Ice Breakers Kit #1 Categories



**Description:** A fun, interactive, introductory get-to-know-you activity that help people mix, mingle and learn some interesting facts about each other. Works especially well with medium to large groups.

### **Instructions:**

- Ask the larger group to separate into smaller groups that you are about to announce. Call out a “category” using any of the suggested questions below (or make up your own).
- Allow enough time for groups to form (5 to 30 seconds) depending on the category. Give them time to say hello and introduce themselves before announcing the next category.
- Some of the categories will produce 50/50 splits, some will give you groups of 3-4. Try alternating 50/50 splits with larger splits.

### **List of Categories:**

#### ***Two categories:***

- When clasp your hands together and fold the thumbs across the top, is your right or left thumb on top?
- Fold your arms across your chest. Is your right or left arm on top?
- Which leg do you put into your pants first?
- Which eye do you prefer to wink with?
- Which side of the bed (left or right) do you get out of in the morning?
- Are you a folder or scruncher (toilet paper)
- Can you roll your tongue? (yes/no)

#### ***Three categories:***

- When licking an ice cream cone...do you:
  - Twirl the cone clockwise
  - Twirl the cone counterclockwise
  - Lick up and down?

#### ***Many categories:***

- What is your favorite season?
- How many siblings do you have?
- What color are your eyes?
- What's your shoe size?
- What type of shoes are you wearing?
- What's your favorite color